

Rock River Trail Bike Route

**From Beloit, Wis. to Rockford, Ill. along
the River of the Heartland.**

Mileage - 25.5 miles (west side) 21.8 miles (east side)

Cumulative mileage from the Mississippi River -

159.1 miles (west side) 155.4 miles (east side)



GO	DIR	ON	MILES	TOTAL
		Junction with bike path in Hononegah Forest Preserve in Rockton, Ill. provides route option either west or east side of river		
		(W) Bike route on west side of Rock River		
Str	S	Water Street Bike Path in Beloit, Wis.	0.0	0.0
R	W	Shirland Ave – <i>cross river bridge</i>	0.2	0.2
L	S	S Bluff St in South Beloit, Ill.	0.4	0.6
R	W	Rood Ave	0.6	1.2
L	S-W	Townline Rd to Fischer Rd	1.0	2.2
L	S	Wittwer Rd	1.5	3.7
R	SW	S Bluff Rd	1.1	4.8
L	SE-E	Rockton Rd – <i>cross river bridges</i>	0.9	5.7
R	SE	Race St in Rockton, Ill.	0.3	6.0
Str	E	W Main St	1.0	7.0
Str	SE	Hononegah Recreation Path	1.3	8.3
		(E) Bike route on east side of Rock River		
R	E	Water Street Bike Path in Beloit, Wis.	0.0	0.0
Str	E	Bike path north of Shirland Ave, then before State St crosswalk across Shirland Ave	0.2	0.2
R	S	Blackhawk Blvd in South Beloit, Ill. – IL 2/75 - <i>cross Turtle Creek Bridge - use caution on IL 2 – narrow shoulders</i>	0.5	0.7
L	E-SE	Cross IL 2/75 at Charles St to Northwestern Ave	0.1	0.8
R	SW	Roscoe Ave	0.5	1.3
Str	S	Dorr Rd (bike paths alternate sides on Dorr Rd) in Rockton, Ill.	2.7	4.0
L	E	Wilmington Close	0.1	4.1
R	S-E-S	Road in Kelly-Meyers Park	0.2	4.3
Str	SW-E	Bike path under Hononegah Rd to Hononegah Recreation Path	0.3	4.6
Str	E	Hononegah Recreation Path	1.9	10.2/6.5
R	SE-S	Main St to IL 251 E Frontage Rd in Roscoe, Ill. – <i>before Elevator Rd</i>	1.7	11.9/8.2
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GO	DIR	ON	MILES	TOTAL
		<i>From page 1 – Main St to IL 251 E Frontage Rd in Roscoe, Ill.</i>		
R	W	McDonald Rd to cross IL 251 to W Frontage Rd	0.1	12.0/8.3
L	S-SW	W Frontage Rd to Russ Ave Loop across Ralston Rd	3.2	15.2/11.5
Str	S	W Frontage Rd to N 2 nd St in Machesny Park, Ill.	1.2	16.4/12.7
R	W	Copper Dr at east mall entrance	0.0	16.4/12.7
L	S	E Mall Dr to south mall entrance	0.6	17.0/13.3
R	W	Bauer bike trail along Roosevelt Rd	0.2	17.2/13.5
L	S	Victory Ln bike lanes	0.6	17.8/14.1
R	W-E-W	Bauer Memorial Path loop under Harlem Rd/Bauer Pkwy	0.4	18.2/14.5
Str	W	Bauer Memorial Path and Bridge – <i>cross river bridge</i>	0.3	18.5/14.8
L	SE-S	Rock River Recreation Trail	2.3	20.8/17.1
L	E	Rock River Recreation Trail along Riverside Blvd – <i>cross river bridge</i>	0.1	20.9/17.2
R	S	Rock River Recreation Trail to River Ln in Loves Park, Ill.	0.5	21.4/17.7
R	S	East Drive to Evelyn Ave	0.5	21.9/18.2
R	S	Rock River Recreation Path in Shorewood Park	0.4	22.3/18.6
R	SE	Forest Grove St	0.1	22.4/18.7
L	E-S	Snow Ave to Arlington St - <i>jog right</i>	0.1	22.5/18.8
L	E	Ransome Pl	0.2	22.7/19.0
R	S-SW	Illinois St in Rockford, Ill.	0.3	23.0/19.3
Str	SW	Rock River Recreation Bike Path	1.7	24.7/21.0
R	S	N Madison St	0.7	25.4/21.7
R	W	Market St	0.1	25.5/21.8
L	S	N Water St to E State St – <i>at river bridge</i> ☺	0.0	25.5/21.8