Rock River Trail Bike Route

From Prophetstown, Ill. to Sunset Park, Rock Island, Ill. (Quad Cities at the Mississippi River) along the River of the Heartland, with Milan River Confluence Route Option.



Mileage from the Mississippi River - 51.8 miles

GO	DIR	ON	MILES	TOTAL
Str	SW	Washington St at 3 rd St in downtown Prophetstown, Ill.	0.2	0.2
R	W	W 5 th St	0.3	0.5
L	SW-W	Grove St to Springhill Rd	2.2	2.7
R	SW	Vandamme Rd	3.4	6.1
R	SW	Cooper Rd	1.0	7.1
R	NW	Erie Rd to 5 th Ave in Erie, III. – cross river bridge	2.4	9.5
L	S	Main St to River Rd	3.2	12.7
	W	Jersey Rd – crushed limestone, road winds, bear left at T-		
R		junction (^see below for alternative route to Hillsdale, Ill.	3.2	15.9
		to avoid unpaved Jersey Rd)		
Str	W	Main St in Hillsdale, III.	0.6	16.5
L	S	Jackson St - bear right at Hurd Rd	0.7	17.2
Str	S-W	W 320 th St N/CTH "W"/IL 64/307 th St N/34 th Ave N	5.7	22.9
R	N	290 th St N	0.5	23.4
		IL 92 in Joslin to 38 th Ave N – truck traffic, no shoulder		
L	W	(#see below for alternative route from Hillsdale, III. to	1.8	25.2
		avoid traffic on IL 92 west to Joslin)		
L	S	265 th St N/CTH "GG"/1 st Ave N/226 th St N/Barstow Rd	9.4	34.6
L	S	172 nd St N/N 1 st Ave in Carbon Cliff, III.	1.6	36.2
Str	S	S 1 st Ave	0.5	36.7
R	W	10 th St	0.1	36.8
L	S	S 2 nd Ave/IL 84 – connection with Grand Illinois Trail	0.2	37.0
R	W	Colona Rd – paved shoulders	0.5	37.5
L	S	Troy Dr – caution when crossing Colona Rd	0.1	37.6
Е	W-S	Friendship Farm Rd/36 th Ave	1.0	38.6
R	W	Coaltown Rd in Silvis, III.	0.8	39.4
L	W	John Deere Pkway in Moline, Ill. - bear right to stay on	0.8	40.2
		parkway		
C+r	W	John Deere Pkway to 38 th Ave – <i>straight across 70th St,</i>	1.0	42.1
Str		look for short connecting bike trail	1.9	42.1
L	S	53 rd St – caution when crossing John Deere Rd/IL 5	0.1	42.2
R	W	44 th Ave	0.4	42.6
L	S	48 th St	0.4	43.0
R	W	49 th Ave	0.2	43.2
		Continue next page		

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(Continued from Page 1)

GO	DIR	ON	MILES	TOTAL
		From page 1 – 49 th Ave in Moline, III.		
L	S-W	Bike Trail – after building at intersection with 41 st St	0.3	43.5
R	N	Bike Trail to 49 th Ave – do not turn left on trail to river	0.1	43.6
L	W	49 th Ave	0.4	44.0
L	S	36 th St	0.2	44.2
R	W	North Shore Dr – under I 74 Bridges	0.4	44.6
L	W	Kiwanis Trail – jog left after bridges	0.2	44.8
Str	W-N	North Shore Dr to 7 th St in Rock Island, Ill.	1.6	46.4
L	W	Bike Trail – <i>left to trail just before 52nd Ave</i>	0.6	47.0
		Bike Trail to Ben Williamson Park – do not take ramp up		
Str	W	to Milan Beltway Bridge (*see below for Milan route	0.2	47.2
		option to Rock River-Mississippi River confluence)		
R	N	44 th St – cross Blackhawk Rd/IL 5	0.4	47.6
L	W	45 th Ave/Old Blackhawk Rd – <i>turn after Blackhawk Rd/IL 5</i>	0.4	48.0
R	N	38 th St	0.7	48.7
		31 st Ave to Sunset Ln to Sunset Park at the Mississippi		
L	W	River in Rock Island, Ill. 🕲 - connection with Great River	3.1	51.8
		Trail and Mississippi River Trail		

Rock River Trail Bike Route

From Prophetstown, Ill. to Sunset Park, Rock Island, Ill. (Quad Cities at the Mississippi River) along the River of the Heartland, with Milan River Confluence Route Option.



(continued from page 2)

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		^Alternative route from Prophetstown, Ill. directly		
_		across river to Hillsdale, Ill. to avoid Jersey Rd		
Str	SW	Washington St at 3 rd St in downtown Prophetstown, III.	0.2	0.2
R	W	W 5 th St	0.3	0.5
L	W-SW	Grove St/Springhill Rd	10.1	10.6
R	W	Hurd Rd	3.1	13.7
Str	W	Hurd Rd/83 rd Ave – cross river bridge	1.3	15.0
Str	N	Jackson St to Main St in Hillsdale, III.	0.7	15.7
		#Alternative route from Hillsdale, III. to avoid traffic on		
		IL 92 west to Joslin		
Str	W	Main St in Hillsdale, III.	0.8	0.8
L	SW	Moline Rd/Rts 2 and 92	6.5	7.3
L	Е	38 th Ave	1.2	8.5
R	S	265 th St N/CTH "GG"	0.0	8.5
		*Milan route option to the confluence of the Rock River		
		and the Mississippi River		
Str	Е	From bike trail in Ben Williamson Park in Rock Island, Ill.	0.0	0.0
L	N	Bike loop ramp up to bridge	0.1	0.1
R	S	Veteran's Memorial Bridge - cross river	0.3	0.4
	W-NW	Exit bridge to trail on levee of Hennepin Canal State	4.1	4.5
R		Parkway Trail in Milan, Ill.		
R	W	Connect to Big Island Rd and 56th Ave	0.3	4.8
R	N	27th St W	0.9	5.7
0.	NW	Canal Rd to Hennepin Canal Lock 32 and the confluence	0.5	6.2
Str		of the Rock River and the Mississippi River		