

Rock River Trail Bike Route

**From Dixon, Ill. to Prophetstown, Ill.
along the River of the Heartland**

Mileage - 33.6 miles

Cumulative mileage from the Mississippi River - 85.4 miles



| GO | DIR | ON | MILES | TOTAL |
|-----|------|--|-------|-------|
| R | NW | From Heritage Crossing on River St in downtown Dixon, Ill. , enter bridge | 0.1 | 0.1 |
| Str | NW | Galena Ave Bridge – <i>cross river, use path/walkway on west side of bridge</i> | 0.1 | 0.2 |
| L | W | Exit bridge in Presidents Park, enter trail near Lincoln Statue, past Hennepin Ave | 0.0 | 0.2 |
| Str | W-N | Page Park Drive and Trail – <i>go under Peoria Ave Bridge, to limestone sign at Lincoln Highway/Palmyra St/ IL 2</i> | 1.0 | 1.2 |
| | | | | |
| | | Kilgore Rd alternative route to Sterling, Ill. | | |
| L | W | Palmyra St/Lincoln Highway/IL 2 – <i>paved shoulders</i> | 1.0 | |
| R | NW-W | River Ln then L on Kilgore Rd | 4.8 | |
| L | SW | Palmyra Rd | 0.3 | |
| L | S-W | Mound Hill Rd to River Rd – <i>cross IL 2</i> | 3.4 | |
| L | S | Stauffer Rd | 0.5 | |
| R | W | Woodlawn Rd | 0.9 | |
| L | S | Sinnissippi Rd in Sinnissippi Park | 0.2 | 11.1 |
| | | | | |
| L | W-SW | Palmyra St/Lincoln Highway/IL 2 – <i>paved shoulders</i> | 9.6 | 10.8 |
| L | E | Woodlawn Rd in Sterling, Ill. | 0.2 | 11.0 |
| R | S | Sinnissippi Rd in Sinnissippi Park | 0.2 | 11.2 |
| R | W | Bike/Ped Trail in Sinnissippi Park to Sinnissippi Dam Walkway | 1.2 | 12.4 |
| L | S | Sinnissippi Dam Walkway – <i>cross river to Rock Falls, Ill.</i> | 0.3 | 12.7 |
| Str | S-W | Hennepin Feeder Canal Trail – <i>connection with Hennepin Canal Parkway State Trail</i> | 5.4 | 18.1 |
| R | W | Knief Rd | 0.5 | 18.6 |
| L | S | Specter Dr to Ridge Rd | 1.3 | 19.9 |
| R | W | Gaulrapp Rd | 3.3 | 23.2 |
| R | NE | Prophet Rd | 0.1 | 23.3 |
| L | W | Brooks Rd | 2.4 | 25.7 |
| L | S | Blue Goose Rd – <i>crushed limestone</i> | 1.0 | 26.7 |
| R | W | Anderson Rd | 2.3 | 29.0 |
| L | S | Felton Rd/Anderson Rd | 0.5 | 29.5 |
| R | W | Anderson Rd | 0.9 | 30.4 |
| | | <i>Continue next page</i> | | |

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(Continued from Page 1)



| GO | DIR | ON | MILES | TOTAL |
|----|-----|--|-------|-------|
| | | <i>From Page 1 – Anderson Rd</i> | | |
| | | <i>Note route option – Crushed limestone extension of Lyndon Rd at Anderson Rd junction to NW to Lyndon Foot Bridge over Rock River to Lyndon, Ill.</i> | | |
| L | S | Lyndon Rd | 2.3 | 32.7 |
| R | W | Star Rd to E 3 rd St to Washington St in Prophetstown, Ill. 😊 | 0.9 | 33.6 |