

## Rock River Trail Bike Route

**From Rockford, Ill. to Beloit, Wis. along  
the River of the Heartland.**

**Mileage - 25.5 miles (west side) 21.8 miles (east side)**

**Cumulative mileage from the Mississippi River -  
159.1 miles (west side) 155.4 miles (east side)**



GO	DIR	ON	MILES	TOTAL
Str	SE	E State St in <b>Rockford, Ill.</b> - <i>from river bridge</i>	0.0	0.0
L	N	N Water St	0.0	0.0
R	E	Market St	0.1	0.1
L	NE	N Madison St in Rockford	0.7	0.8
Str	NE	Rock River Recreation Path	1.7	2.5
Str	N	Illinois St	0.3	2.8
L	W-N	Ransome Pl to Arlington St - <i>jog left</i>	0.3	3.1
L	W	Snow Ave	0.0	3.1
R	N	Forest Grove Ave	0.1	3.2
Str	N	Rock River Recreation Path	0.4	3.6
L	N	Evelyn Ave to East Drive	0.5	4.1
L	W-N	River Ln	0.0	4.1
Str	N	Rock River Recreation Path in <b>Loves Park, Ill.</b>	0.5	4.6
Str	W-N	Rock River Path along Riverside Blvd - <i>cross river bridge</i>	2.4	7.0
R	E	Bauer Memorial Path and Bridge - <i>cross river bridge</i>	0.3	7.3
R	W-E	Bauer Memorial Path loop under Harlem Rd	0.4	7.7
L	N	Victory Ln bike lanes in <b>Machesny Park, Ill.</b>	0.6	8.3
R	E	Bauer bike trail along Roosevelt Rd	0.2	8.5
L	N	Enter mall to E Mall Dr	0.6	9.1
R	E	Copper Dr at east mall entrance	0.0	9.1
L	N	IL 251 west frontage road	1.2	10.3
L	W-NE	Russ Ave loop across Ralston Rd to W Frontage Rd	3.2	13.5
R	E	McDonald Rd to cross IL 251	0.1	13.6
L	N	IL 251 east frontage road to Main St in <b>Roscoe, Ill.</b>	1.7	15.3
L	W	Hononegah Recreation Path - <i>before Elevator Rd</i>	1.9	17.2
		Junction with bike path in Hononegah Forest Preserve provides route option either west or east side of river		
		<b>(W) Bike route on west side of Rock River</b>		
Str	NW	Hononegah Recreation Path	1.3	18.5
Str	W	Main St in <b>Rockton, Ill.</b>	1.0	19.5
Str	NW	Race St	0.3	19.8
L	W-NW	Rockton Rd - <i>cross river bridges</i>	0.9	20.7
R	NE	S Bluff Rd	1.1	21.8
L	N	Wittwer Rd	1.5	23.3
R	E-N	Fischer Rd to Townline Rd	1.0	24.3
R	E	Rood Ave in <b>South Beloit, Ill.</b>	0.6	24.9
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GO	DIR	ON	MILES	TOTAL
		<i>From page 1 - Rood Ave in South Beloit, Ill.</i>		
L	N	S Bluff St	0.4	25.3
R	E	Shirland Ave - <i>cross river bridge</i>	0.2	25.5
L	N	Water Street Bike Path in <b>Beloit, Wis.</b> ☺	0.0	25.5
		<b>(E) Bike route on east side of Rock River</b>		17.2
R	NE	Bike path under Hononegah Rd	0.3	17.5
Str	N-W-N	Road in Kelly-Meyers Park	0.2	17.7
L	W	Wilmington Close	0.1	17.8
R	N	Dorr Rd (bike paths alternate sides on Dorr Rd)	2.7	20.5
Str	N	Roscoe Ave in <b>South Beloit, Ill.</b>	0.5	21.0
L	NW	Northwestern Ave	0.1	21.1
R	N	Blackhawk Blvd - IL 2/75 - State St - <i>cross Turtle Creek Bridge - use caution on IL 2 - narrow shoulders</i>	0.5	21.6
L	W	Crosswalk after Shirland Ave, then across State St and on bike path north of Shirland Ave	0.2	21.8
R	N	Water Street Bike Path in <b>Beloit, Wis.</b> ☺	0.0	21.8