

Rock River Trail Bike Route

From Prophetstown, Ill. to Dixon, Ill.
along the River of the Heartland

Mileage - 33.6 miles

Cumulative mileage from the Mississippi River - 85.4 miles



GO	DIR	ON	MILES	TOTAL
Str	E	E 3rd St from Washington St in Prophetstown, Ill.	0.9	0.9
L	N	Lyndon Rd	2.3	3.2
		<i>Note route option: Crushed limestone extension of Lyndon Rd at Anderson Rd junction to NW to Lyndon (foot) Bridge over Rock River to Lyndon, Ill.</i>	1.0	
R	E	Anderson Rd	0.9	4.1
L	N	Felton Rd	0.5	4.6
R	E	Anderson Rd	2.3	6.9
L	N	Blue Goose Rd - <i>crushed limestone</i>	1.0	7.9
R	E	Brooks Rd	2.4	10.3
R	SW	Prophet Rd	0.1	10.4
L	E	Gaulrapp Rd	3.3	13.7
L	N	Ridge Rd	1.3	15.0
R	E	Knief Rd	0.5	15.5
L	N-NE	Hennepin Feeder Canal Trail to Rock Falls, Ill. - <i>connection with Hennepin Canal Parkway State Trail</i>	5.4	20.9
Str	N-W	Sinnissippi Dam Walkway to Sterling, Ill. - <i>cross river</i>	0.3	21.2
R	E	Bike/Ped Trail to Sinissippi Park (<i>use Kilgore Rd alternative route to Dixon, Ill. as an option to IL 2</i>)	1.2	22.4
Str	N	Sinissippi Park Rd	0.2	22.6
L	W	Woodlawn Rd	0.2	22.8
R	NE	East Lincolnway/IL 2 to Palmyra St to Dixon, Ill. - <i>paved shoulders</i>	9.6	32.4
		Kilgore Rd alternative route to Dixon, Ill.		
R	E	Bike/Ped Trail to Sinnissippi and Hoover Parks	2.0	
R	E	Woodlawn Rd	0.9	
L	N	Stouffer Rd	0.5	
R	E-N	River Rd/Moonlight Bay Rd/Mound Hill Rd - <i>cross IL 2</i>	3.4	
R	NE	Palmyra Rd	0.3	
R	E	Kilgore Rd - <i>bear right on River Lane to IL 2</i>	4.8	
L	NE-E	IL 2/Palmyra St to Dixon, Ill. - <i>paved shoulders</i>	1.0	
R	S-E	Page Park Drive and Trail - <i>turn at limestone sign, go under Peoria Ave Bridge</i>	1.0	33.4
Str	E	Exit trail (bear left) past N Hennepin Ave near Lincoln Statue in Presidents Park	0.0	33.4
R	S	Galena Ave Bridge - <i>cross river, use path/walkway on west side of bridge</i>	0.1	33.5
L	E	River Street - <i>exit bridge to Heritage Crossing in downtown Dixon, Ill.</i> 😊	0.1	33.6